October 2018 Breakfast Mounds

KEYSTONE FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancakes (2) Cereal Fruit Juice Milk	2 Muffin Yogurt Cereal Fruit Juice Milk	3 Cinnamon Roll Cereal Fruit Juice Milk	4 Breakfast Taco Cereal Fruit Juice Milk	5 Biscuit & Gravy Jelly Cereal Fruit Juice Milk
8 Pancake on a Stick Cereal Fruit Juice Milk	9 Toast & Jelly Scrambled Eggs Cereal Fruit Juice Milk	10 Donut Cereal Fruit Juice Milk	11 Pancake Minis Cereal Fruit Juice Milk	12 Biscuit & Gravy Jelly Cereal Fruit Juice Milk
15 Yogurt Parfait Cereal Fruit Juice Milk	16 Sweet Waffle Sticks Scrambled Eggs Cereal Fruit Juice Milk	17	18	19
22 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	23 Cinnamon Roll Cereal Fruit Juice Milk	24 Pancakes(2) Cereal Fruit Juice Milk	25 Breakfast Scramble Toast and Jelly Cereal Fruit Juice Milk	26 Biscuit & Gravy Jelly Cereal Fruit Juice Milk
29 French Toast Sticks Cereal Fruit Juice Milk	30 Donut Cereal Fruit Juice Milk	31 Waffles (2) with Toppings Cereal Fruit Juice Milk	1 Breakfast Pizza Flatbread Cereal Fruit Juice Milk	2 Biscuit & Gravy Jelly Cereal Fruit Juice Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER